

## Curriculum Vitae

**Surname:** Calderaro

**Name:** Eleonora

**Date of birth:** 08-01-1982

**Place of birth:** Savona

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### **EDUCATION, WORK EXPERIENCES AND CAREER**

I started to play tennis at 4 years of age with my father Vincenzo Calderaro, PTR Professional Instructor and FIT Instructor.

At a very young age, I began to compete in FIT (Italian Tennis Federation) tournaments.

In 1994, I won the Italian Team Championship FIT under 12, by the Tennis Club Malaspina in Milan. At the age of 12, I became number 1 in my region (Liguria).

As a result, I started to compete in national and international tournaments: in 1995, I placed 2nd in the International tournament of Bibione under 14, in 1996, I won the Italian team championship FIT under 14 and in 1997, I won the Italian team championship FIT division C3. These were important experiences because they formed my character and my mind.

But since I was very young, one of my dreams was teaching, because as I put it, "teaching is not only linked to the knowledge of the subject or to the ability of handing it down, but when you teach, you donate a part of yourself and of your passion to another human being. For this reason teaching means to be an instructor and at the same time a student, because each athlete can also teach something new to the instructor."

I became **AICS Tennis Instructor** (Associazione Italiana Cultura e Sport) in 2009.

In the same year, I started to **teach tennis in cooperation with my father**. Then, thanks to this important experience, I realized one of my dreams: the creation of my own tennis school.

In 2011, I **joined** the Italian Tennis School "Tie Break Team" that operates in several Tennis Centers in Milan.

In May 2012 I became an **INTERNATIONAL COACH MTM Tennis Teaching Professional** and than an **MTM Tennis Teaching Professional Clinician and Tester**.

In September 2012, I went to Bettona (PG) to take part in the course to become an international coach certified ATP. I became **International Coach certified ATP of the GPTCA** (GLOBAL PROFESSIONAL TENNIS COACHES ASSOCIATION), led by the italian president Alberto Castellani, Dirk Hordhoff, Reiner Schuttler and Tony Nadal.

In October 2013, I became **President of Modern Tennis Methodology Coach Association**.

I was nominated by Oscar Wegner, the Founding Father of MTMCA (Modern Tennis Methodology Coach Association), **MTMCA Educational Italian Director** in October 2014 and in October 2017 **Educational Director of the european countries or of the foreign countries** but only with his permission.

In February 2014, I got certified by **CSEN** (Centro Sportivo Educativo Nazionale) as **National Tennis Teacher**.

In April 2015, I got certified by **TCI** (Tennis per Ciechi Italia) as **Tennis Instructor for blind** and this certification was **recognised by IBTA** (International Blind Tennis Association).

In September 2016, I became the **Tennis Director** of the Tennis Center situated in Cislano near Milan.

In 2017, I got certified by **OPES** (Organizzazione per l'educazione allo Sport) as **National Tennis Instructor**.

In these years, I took part in **different professional courses** such as for exemple "Feldenkrais Approach For Tennis Players", "Minitennis, Avviamento over 10 e Tennis Chance Project", "Preagonistica e Metodo Coordinabolico con SensoBuzz", "Preagonistica, Parental e Mental Coaching", "Agonistica e Biomeccanica Avanzata", "Corso da preparatore Fisico di 1°", "Le petit tennis 3-5 ans", "Child Psychology", "Social Psychology", "Pedagogy", "Music Learning Theory by Gordon", "The development of the graphic gesture by Venturelli method".... because I think that it's very important to keep up.

From 2014 nowadays, I have organised courses to become MTMCA Coach in Italy and I have worked **as Clinician and Tester** by Modern Tennis Methodology Coach Association.

Meanwhile, **I have also written three lectures notes**: “Dialettica Metodologica”, “Minitennis, Avviamento over 10 e Tennis Chance Project” and “Preagonistica”.

This third lectures note was written in cooperation with the MTMCA Tennis Teaching Professional Clinician and Tester Peroni Giglio.

**I published the book** “Step by step 1” for the project “Formazione Sport Educazione” tennis and english that I have developed in the Kindergarten of the school Ada Bolchini dell’Acqua in Milan with children that were 3-4-5 years old.

In September 2018, I became **Tennis Director** of the Tennis Center Rugby situated in Cusago near Milan.